

Book Discussion Questions for Beth O'Leary

The Switch

1. What is the significance of the title? Would you have given the book a different title? What would it be?
2. What scene resonated most with you personally in either a positive or negative way? Why?
3. The Switch is a story of relationships. Does Leena change more than Eileen or vice versa? What relationship (new or old) spoke to you the most?
4. "Family can be so complicated, but if you just pick your own way of doing it you can end up with something pretty perfect all the same." What examples of family did you find in this story? Which "family" did you relate to most?
5. The Switch is also a story of finding oneself. How does the way the characters see themselves differ from how others see them? From how you see them?
6. Leena has to give up her devices for the switch. How do you think she handled this? Would you have done better?
7. A central theme to this book is how people discuss death and grieving. Did any quotations or interactions stand out to you?
8. Who do you relate most to concerning worries? Jackson, who is able to brush it off; Leena, who is constantly thinking about her worries; Marian, who uses yoga and medicine to help her? Or did you relate to another character?
9. Beth O'Leary is being called "the next Jojo Moyes". If you've read any of Moyes' books did The Switch remind you of them? Did it remind you of another book by a different author?

